



The PARISH NEWS

for Lanteglos, Lanreath, Lansallos, Pelynt & Talland

Ramblings from the Rectory

from Rev'd Richard

I love walking. Harriet and myself along with Bluebelle our black labrador spend a lot of our holidays in the Swiss Alps where as many of you know Allen's Hutte is situated in the valley below Wengen! Apparently walking is one of the best forms of physical exercise. Of course, walking is also a means, and for some people, their only means of transport. Walking for whatever reason is more enjoyable with someone else. Walking and talking is a great way to communicate with family, friends and God.

The point is that we are doing two things at the same time. We are not just taking exercise or travelling. As we walk together we are in communion with one another. Both Enoch and Noah walked with God. They didn't just sit, kneel or stand with God (the kind of actions we would associate with spending time with God), but they were also in communion with God when doing something else. While you are doing other things – working, eating, exercising or relaxing – you can be in communion with God at the same time.

Personally I also find it the best way to pray. This has been my pattern for many years. After reading the bible I like to walk and pray. When we were at school in Somerset I'd love to walk on The Levels with the mist rising and stunning wildlife, especially migratory birds, appearing on the many pools and ponds from the old peat industry. In Brecon I had stunning views of Pen y Fan the highest mountain in Brecon, often snowed capped in the winter. What can compare with the wonders of the coast path taking in Talland, Lansallos, Lantic Bay and the stroll to Pont. I note down anything I sense that God is saying as I pray. You can pray as you walk to the shop, take the dog for a walk, visit a friend and beyond. Talk as you walk.

The Bible has a great deal to say about walking with God. It is how you were intended to live. God's desire for you is that you walk humbly in a relationship with him. This is what Jesus has made possible for you – for you to walk as Jesus did. You may stumble from time to time, but one day you will walk with him dressed in white in that heavenly home.

Your friend and pastor,
Richard of Trelawny



A wintry view and wonderful light on the Coast Path Photo by Liz Taylor

From the Editor

Happy New Year to all our readers, contributors and advertisers, and hopefully this will be a healthy and safe one for us all. The wet, windy weather has been a little grim but the cold snap has now provided some good opportunities to take some lovely photographs of the sun rising and setting and of course walking in and generally enjoying the wonderful environment we live in.

As usual the unfolding pages have many interesting and informative articles and there are lots of hints and tips to get you active, join in with new clubs and activities and find out about what has been happening in the Community over the last few months. There is a lot to look forward to including the Panto, Film Club presentations, the Coronation and a wide and varied selection of indoor and outdoor Church Services.

Members of our community have also lost loved ones and we have included tributes to some we have lost and our thoughts are with their loved ones. I have been inspired and moved by how rich peoples' lives have been and how they have risen to enormous challenges and conquered them. I do commend these as a truly uplifting few minutes read despite the sadness of the loss.

Best wishes.

Suzanne

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Church Diary in the Benefice of Trelawny

**St. Wyllow Lanteglos; St. Saviour Polruan; St. Ildierna Lansallos; St. Tallanus Talland;
St. John Bodinnick; St. Marnarch Lanreath; St. Nun Pelynt**

February 2023

Sunday 5th	Candlemas
St Marnarch	09:30 Holy Communion
St Wyllow	11:00 Holy Communion
St Tallanus	11:00 Holy Communion
St Nun	15:00 Plough Sunday Service at West Weyland Farm
St Ildierna	18:30 Holy Communion
Sunday 12th	Second before Lent
St Marnarch	09:30 Service of the Word
St Nun	09:30 United Village Service
St Tallanus	11:00 Public Worship with Communion by Extension
St Wyllow	11:00 Holy Communion
St Ildierna	18:30 Prayer
Sunday 19th	Sunday before Lent
St Marnarch	09:30 Holy Communion
St Wyllow	11:00 Holy Communion
St Tallanus	11:00 Holy Communion
St Nun	11:00 at Methodist Chapel
St Ildierna	16:00 Plough Sunday Service
Wednesday 22nd	Ash Wednesday
St Nun	10:00 Holy Communion
Sunday 26th	First of Lent
St Saviour	11:00 Café Church
St Nun	11:00 Holy Communion
St Tallanus	11:00 at St Nun
St Marnarch	16:00 Plough Sunday Service
St Ildierna	18:30 Holy Communion

March 2023

Friday 3rd	
St Saviour	13:45 Women's World Day of Prayer
Sunday 5th	Second of Lent
St Marnarch	09:30 Holy Communion
St Wyllow	11:00 Holy Communion
St Tallanus	11:00 Holy Communion
St Nun	16:00 St Piran's Day Service
St Ildierna	18:30 Holy Communion
Sunday 12th	Third of Lent
St Nun	09:30 Village Service
St Marnarch	09:30 Service of the Word
St Tallanus	11:00 Holy Communion
St Wyllow	11:00 Morning Prayer
St Saviour	16:00 Sing a New Song
St John	18:30 Lent Service
St Ildierna	18:30 Evening Prayer
Sunday 19th	Mothering Sunday
St Marnach	09:30 Mothering Sunday
St Wyllow	11:00 Holy Communion
St Tallanus	11:00 Mothering Sunday
St Nun	11:00 At Methodist Chapel
St Ildierna	16:00 Mothering Sunday Service
Sunday 26th	Fifth of Lent
St Marnarch	09:30 Holy Communion
St Nun	11:00 Holy Communion
St Saviour	11:00 Café Church
St Ildierna	18:30 Evening Prayer

Church Services at St Saviour, Polruan

from Kathryn Hill for Lanteglos by Fowey PCC

As mentioned in the last issue, we have now come to the end of the 'experimental' period when Services on the fourth Sunday of the month in St Saviour have mainly alternated between 9.30am Holy Communion and 11am Café Church. 11am is clearly the more popular time but Rev'd Richard is committed elsewhere at that time so an 11am Communion Service is not feasible. The PCC have therefore agreed that on most fourth Sundays we will have Café Church in St Saviour but that when there is a fifth Sunday, the fourth Sunday service in St Saviour that month will be at 9.30am Holy Communion and there will be a Café Church service on the fifth Sunday. There will, of course, be the usual 'seasonal variations' in December plus Palm Sunday and Sea Sunday will continue to be celebrated in Polruan and Polruan Regatta Service in August will remain at its traditional time of 9.30am. Fifth Sundays in 2023 are in January, April, July and October so the plan is:

February	26 th	11:00	Café Church
March	26 th	11:00	Café Church
April	2 nd	10:40	our usual Palm Sunday with Blessing of the Palms on The Old Coal Wharf, then 11:00 Palm Sunday Service in St Saviour
	23 rd	09:30	Holy Communion
	30 th	11:00	Café Church
May	28 th	11:00	Café Church
June	25 th	11:00	Café Church
July	2 nd	10:40	our usual Sea Sunday with Blessing of the Sea on The Old Coal Wharf, then 11:00 Sea Sunday Service in St Saviour
July	23 rd	09:30	Holy Communion
	30 th	11:00	Café Church
August	27 th	09:30	our usual Regatta Service
September	24 th	11:00	Café Church
October	22 nd	09:30	Holy Communion
	29 th	11:00	Café Church
November	26 th	11:00	Café Church
December			as advertised nearer the time!



From the Registers

Funerals

22nd November; Eileen Betty Menditta of Liskeard, service at Bodmin Crematorium.

23rd November; Luke Samuel Pocock of Truro (formerly of Lanteglos Parish), service and burial at St Wyllow, Lanteglos by Fowey.

Welcome

All churches of Lanteglos-by-Fowey Parish will be open for you to visit and enjoy:

St Wyllow,
our Parish Church

St Saviour,
a Victorian Church in Polruan

St John,
a converted stable in Bodinnick

We respectfully ask for your consideration for the people who regularly use these buildings.

Please use the sanitiser supplied when entering and leaving and also limit your contact with any hard surfaces when moving around.

We hope your time with us is one of refreshment

Lanteglos-by-Fowey PCC

Parish Diary

All dates and times are correct at the time of going to press — please check notices for changes

February

Wednesday, 1st, 15th Art Group in the WI Hall, Polruan, 2 - 4 pm (see page 16)

Saturday, 4th Whitecross Market, 10am — 1pm (see page 18)

Tuesday, 7th Flower Club at Pelynt Village Hall, 2pm (see page 16)

Saturday, 11th Zoom Talk The work of the Commonwealth War Graves Commission by Tony Smith at 7pm (see page 22)

Tuesday, 14th The Theatre Club present Jack and the Beanstalk at Polruan Village Hall at 7pm (see page 28)

Thursday, 16th Plants of use to Man a Talk by Liam Shoemith at Whitecross Village Hall at 7pm (see page 24)

Thursday, 16th — Saturday, 18th The Theatre Club present Jack and the Beanstalk at Polruan Village Hall at 7pm (see page 28)

Friday, 24th Kidz Klub at Polruan Village Hall, 6 - 7.30pm (see page 8)

Saturday, 25th The Film Club present The Lost King at Polruan Village Hall at 7pm (see page 12)

March

Wednesday, 1st, 15th Art Group in the WI Hall, Polruan, 2 - 4pm (see page 16)

Saturday, 4th Whitecross Market, 10am-1pm (see page 18)

Saturday, 4th WDP at St Saviour, 1.45pm (see page 5)

Monday, 6th Polruan Regatta and Children's Sports AGM (see page 13)

Tuesday, 7th Little Hospice book sale (see page 9)

Tuesday, 7th Flower Club at Pelynt Village Hall, 2pm (see page 16)

Saturday, 11th A pictorial History of Devon and Cornwall Coastal Barges A talk by Stuart Hunkin at Fowey Town Hall at 2 pm (see page 22)

Thursday, 16th Preserving the Past to protect the Future a Talk by Alisdair Moore at Whitecross Village Hall at 7pm (see page 24)

Friday, 24th Kidz Klub at Polruan Village Hall, 6 - 7.30pm (see page 8)

Saturday, 25th The Film Club present See How they Run at Polruan Village Hall at 7pm (see page 12)

April

Saturday, 1st Life Jacket Check (see page 26)

Saturday, 1st Whitecross Market, 10am — 1pm (see page 18)

Tuesday, 4th Flower Club at Pelynt Village Hall, 2pm (see page 16)

Wednesday, 5th, 19th Art Group in the WI Hall, Polruan, 2 - 4 pm (see page 16)

Monday, 17th Town Trust AGM (see page 21)

Trelawny Benefice Services—February 2023

Sunday 5th

9.30am St Marnarchs, Lanreath Holy Communion Service
11am St Wyllow, Lanteglos by Fowey Holy Communion Service
11am St Tallanus, Talland Holy Communion Service
3pm Pelynt Plough Sunday Service at West Wayland Farm
6.30pm St Ildierna, Lansallos Holy Communion Service

Sunday 12th

9.30am St Marnarchs, Lanreath Service of the Word
9.30am St Nun, Pelynt, United Village Service
11am St Wyllow, Lanteglos Morning Prayer
11am St Tallanus, Talland Holy Communion by Extension
6.30pm St Ildierna, Lansallos Evening Prayer

Sunday 19th

9.30am St Marnarchs, Lanreath Holy Communion Service
11am St Tallanus, Talland Holy Communion Service
11am Pelynt United Village Service at Methodist Chapel
11am St Wyllow, Lanteglos Holy Communion Service
4pm St Ildierna, Lansallos Plough Sunday Service

Wednesday 22nd—Ash Wednesday

10am St Nun, Pelynt, Holy Communion Service

Sunday 26th

11am St Saviour, Polruan Café Church
11am St Nun, Pelynt Holy Communion Service
4pm St Marnarchs, Lanreath Plough Sunday Service
6.30pm St Ildierna Lansallos Holy Communion Service

Any queries please contact the Benefice office on 07399 563440

Trelawny Benefice Services—March 2023

Friday 3rd

1.45pm St Saviour, Polruan Women's World Day of Prayer

Sunday 5th

9.30am St Marnarchs, Lanreath Holy Communion Service
11am St Wyllow, Lanteglos by Fowey Holy Communion Service
11am St Tallanus, Talland Holy Communion Service
4pm St Nun, Pelynt St Piran's Day Service
6.30pm St Ildierna, Lansallos Holy Communion Service

Sunday 12th

9.30am St Nun, Pelynt Village Service
9.30am St Marnarchs, Lanreath Service of the Word
11am St Wyllow, Lanteglos by Fowey Morning Prayer
11am St Tallanus, Talland Holy Communion
4pm St Saviour, Polruan 'Sing a New Song'
6.30pm St John's, Bodinnick Lent Service
6.30pm St Ildierna, Lansallos Evening Prayer

Sunday 19th—Mothering Sunday

9.30am St Marnarchs, Lanreath Mothering Sunday Service
11am St Wyllow, Lanteglos by Fowey Holy Communion Service
11am St Tallanus, Talland Mothering Sunday Service
11am St Nun, Pelynt at Methodist Chapel
4pm St Ildierna, Lansallos Mothering Sunday Service

Sunday 26th

9.30am St Marnarchs, Lanreath Holy Communion Service
11am St Nun, Pelynt Holy Communion Service
11am St Saviour, Polruan Café Church
6.30pm St Ildierna, Lansallos Evening Prayer

Any queries please contact the Benefice office on 07399 563440

The Churches of the Benefice of Trelawny

Rector Rev Richard Allen 01503 220847

Benefice

Administrator Pippa Morrell-Davies 07399 563440

Please direct all enquiries regarding Baptisms, Weddings and Funerals to Pippa Morrell-Davies

Lanteglos — St. Wyllow; Polruan — St. Saviour; Bodinnick — St. John

Churchwardens Colin Payne 01726 870715

Norman Mallard 01726 870747

Treasurer Graham Tyson 01208 873750

Secretary Liz Luck 01503 261582

Lansallos — St. Ildierna

Churchwardens Margaret Phillips 07493 310816

Josie Slade 01503 220513

Treasurer John Feeseey 01503 220884

Secretary Glen Feeseey 01503 220884

Pelynt — St. Nun

Churchwardens Sheila Morrell-Davies 01513 220976

Frank Edwards Ex Directory

Treasurer Rosemary Lee 01503 220169

Secretary Sheila Morrell-Davies 01513 220976

Lanreath — St. Marnach

Churchwardens Gill Sanders 01503 220827

Peter Hooper 01503 220229

Treasurer Peter Bartram 01503 220490

Secretary Jenny Bartram 01503 220490

Talland — St. Tallunus

Churchwarden David Bailey 01503 262890

Treasurer Joe Sharples 01503 273466

Secretary Jenny Hall 01503 598267



Publisher

Lanteglos-by-Fowey PCC 07399 563440
trelawnybenefice@gmail.com

Editor

Suzanne Goddard 01726 870818
suzanne.goddard@me.com

Advertising

Edgar Goddard 01726 870818
edgar.goddard@gmail.com

Distribution

Linda Hazell and 07977 625134
Mark Pope
lindahazell@sky.com

Advertisers and organisers

The Parish News is distributed to over 1300 homes in the five parishes of Lanteglos, Lanreath, Lansallos, Pelynt and Talland — including all the holiday lets. Based on census data it is estimated that more than 11,000 adults read each edition.

An advert, notice or news item can reach thousands of local residents and seasonal visitors as well as inform and support the local community

News from Lansallos

from John Feeseey,
Lansallos PCC

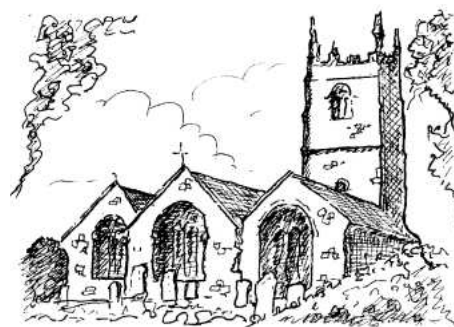
Church Heating

Recent visitors may have noticed that new 3kw infra-red (IR) wall mounted heaters, fifteen in number, have been installed by local electrician Mr Max Facey in the chancel, nave and south aisle. The Diocesan Advisory Committee, to our surprise and delight, fast-tracked our application and recommended these heaters for approval by the Diocesan Chancellor so that they could be ready in time for our Christmas services, while Max pulled out all the stops to complete their installation in record time. Max also managed to find a buyer for our old storage heaters and helped to remove them, for which we are very grateful.

IR heating has several advantages over the old storage units, which had to be switched on at least 24 hours before a service, making them expensive to run, and then only provided a minimal level of warmth as most of their heat convected straight up into the roof spaces. The IR heaters directly warm the congregation, much more effectively than the storage heaters, and only have to be switched on shortly before a service starts, thus saving electricity. Our electricity supply comes from 100% renewable sources, making the new heaters quite ecologically sound too. It remains to be seen if there is an overall saving in energy costs but at least the congregation will be warmer! With energy costs rising fast we were very thankful to receive, in common with other churches, a grant towards our electricity bills this winter from central Church of England funds, topped up by the Diocese, to a total for St Ildierna of £1,205, a very significant help which we really appreciate.

A Local Rhyme

I came across this delightful rhyme, by an author unknown, and thought it worth sharing:



If a walk you'd enjoy, start off from Fowey, and cross in a boat to Polruan, then walk to Church Town,

Frogmore, Pont, Triggabrowne, Tredudwell, Tremeer and Trenewan,

Then on you may go, to Trededan, Trefrawl, Lanlawren, Tregawithick, Lansallos, Trevarder, Trevollard, Trevellyon, Lawhippet, Lamellyon, Trevecca, Trethake, and Trevedda,

From Bodinnick to Hall, Highway and Penpoll, Polgreen and Tencreek, Tregenna, St Veep, then back to Penpoll, Colquite, Yeate and Hall.

Future Events

The next date for your diary is the celebration of our Patronal Sunday at 6.30pm on 12 February when we commemorate the 712th anniversary of the dedication of our church to St Ildierna at a special Evensong service with birthday cake and a glass of wine to follow, as well as the usual tea, coffee and biscuits.

Plough Sunday at 4pm on Sunday, 19 February is another celebration not to be missed when we give thanks for our farmers, their animals and farming equipment as well as all involved in producing and distributing the food supplies on which we all rely.

*Dew boz geno!
(God be with you!)*

The WI meet on every second Thursday of the month (except August)

Meetings are fun — why not give us a try

For further information, please contact

Chris Cox 07788 235323

We look forward to seeing you soon

World Day of Prayer



from Kathryn Hill for Polruan WDP Committee

As usual the 'World Day of Prayer' (formerly called 'Woman's World Day of Prayer', WWDP) will take place on the first Saturday of March in many venues around the world. All (men as well as women!) will be welcome to join us at 1.45pm in St Saviour Church for the service which this year is titled 'I have heard about your faith' and which has been prepared for us by the Christian women of Taiwan.

As usual we will need several people to read parts of the service so we are looking for volunteers! If you would like to read a section, please contact me, otherwise just come along on the day and enjoy the service and fellowship over refreshments afterwards.

News from Lanreath will be back for the next issue



Treargel Retreat

Time out to retreat, reflect and reconnect
in a peaceful and beautiful space.



Treargel

In Memory

Planting bulbs in memory of loved ones
Wednesday, 8 February 2023

Welcome. Those on a reflective journey; of all faiths or none, genders and sexualities.

Cost. Donations very welcome.

Booking essential. By email, facebook, website or phone.
Postponed if less than 5.

Website; www.treargel.com

Email; info@treargel.com

Mobile; 07931 356 656

Come to Treargel and;

Breathe deeply,
Rest quietly,
Think clearly.

TRELAWNY BENEFICE MOTHERS DAY SERVICES

Sunday 19th March 2023

Join us at
LANREATH CHURCH at 9:30 or
LANSALLOS at 4pm



Mums come in all shapes and sizes including Birth Mums, Foster Mums, Stepmums, Best Friends, Aunties etc.....
All are welcome to join us to give thanks for the special ladies in our lives.

Trelawny Benefice PLOUGHING SERVICES



Sunday 5th February at 3pm at
West Wayland Farm + The Pelynt Male Choir

Sunday 19th February 4pm at
Lansallos Church

Sunday 26th February at 4pm
Lanreath Church

News from Polruan Village Hall

from PVH Management Committee

The Hall was well used in December with parties for the children of the Parish organised by The Regatta Committee and by The Kidz Klub. The School held their Christmas plays there attended by an audience for the first time since Covid and continue to use it for PE lessons. The Regatta Committee also hosted a party for the older residents of the village and there was a private New Year's Eve party which fully utilised the Hall's facilities. The Film Club screened *The Railway Children Return*, just as the schools broke up and the Theatre company have been beavering away with rehearsals and set building for the upcoming Panto in February – oh yes they have!

We have been successful in obtaining a small Grant from the Norman Family Foundation which has been useful in funding a new shed to house the barbecues and the purchase of two coffee tables to go with the benches on the veranda, making this space even more usable to take in the views.

Whether it's joining in with regular clubs or activities or organising social events, weddings or meetings, the Hall provides a lovely location for all activities, licensed for the sale of alcohol, entertainment and late night refreshment. Why don't you visit our website polruan.org or contact Kathryn who will be happy to help you with your enquiries. We very much look forward to welcoming you.



View from the verandah at Polruan Village Hall



Polruan WI

from Chris Cox, Vice President

First of all we at the WI would like to wish everyone a belated Happy New Year. Also, I would like to apologise for there not being proper write-ups in the Parish News recently due to illness.

This month's talk was part 2 of a talk given by resident ex Police Officer Phill Pyke (unfortunately I missed part 1!). This mainly consisted of Phill giving us scenarios of murder cases which we then had to decide how to go about solving — which as you can imagine was really interesting and was tricky.

Phill was in the Police Force for many years, solving major crimes and made it look easy to plot and solve the case — just like they do on the Police programmes on TV!

It was a brilliant talk and we all hung onto every word he said, following the clues and offering our ideas as to how to solve the whodunnit. Thank you Phill for a really interesting evening — I'm only sorry I missed part 1.

Next month's talk is Crime and Cardiac Surgery given by Chris Hope-Wynne and the competition is to create a Valentines card either heart shaped or with hearts on it.

There were many entries for this month's competition and the winner was Maureen — but everyone who entered got points.

In March we are holding our AGM and games night which should be great fun (after the business has been dealt with). The competition has yet to be decided. Look out for posters nearer the time.

Ladies, are you interested in an evening with us at the WI? We have fun and laughter and some very interesting talks. Why not come along and see for yourselves — you will be made most welcome. Come and see what we're all about or call me for further information (Chris Cox 07788 235323).

Polruan Village Hall Hire

Should you wish to book the Hall for an activity, please contact our bookings clerk:

Kathryn Hill
01726 870953,

kathrynehill39@gmail.com,
who will be happy to help with any queries.

The Hall costs £15 per session (i.e. morning, afternoon or evening) which includes the use of all facilities including free WiFi, the Audio Visual System, comprehensively fitted kitchen and heating and lighting.

Pelynt and District Thursday Club

Meetings will be held in Pelynt Village Hall on the last Thursday of each month at 2.30pm
Admission £2, including raffle ticket and refreshments
There is no membership fee and all are welcome to attend any meeting

We look forward to seeing you!

The WI Hall has WiFi available for your use if you hire the hall.

It is a light, airy space to use for meetings, clubs, etc. with a kitchen and toilets.

If you want to book it is £15 for morning, afternoon or evening sessions.

To book please contact
Sue Rowe
07813 125989
01726 870505
sjsherwood2@gmail.com.

Christingle and Nativity services

[By Ed. There were many services held throughout the Benefice during the Christmas Period. Below are a selection of photos which give a flavour of these.]

from Kathryn Hill for Lanteglos Youth Committee

Despite a lot of sickness around at the time, we did manage to hold our Christingle and Nativity services in Polruan in 2022. We experimented with holding the Christingle Service in Polruan Village Hall which worked very well – having a lovely, well equipped kitchen makes the catering side so much easier and a loo on site is always an advantage! Many thanks to all who helped at this event and all who came and enthusiastically joined in.



Polruan Nativity a lovely service we all enjoyed very much

Norm had written a lovely script for the Nativity Service which emphasised how those outside were brought in by the birth of Jesus. Last-minute sickness resulted in several adults being conscripted into the cast, thank you to them all and to the children who all did very well.

As usual the collection at both services was for The Children’s Society who do so much to help needy children all year round and who introduced Christingle Services to this country many years ago. Thanks to the services and the very generous donation that came in after Christmas we have been able to send £150 to them which I know they will put to good use.



Polruan Nativity



Lanreath Christingle

Christmas Day at Talland

from Rev’d Richard

It was great that so many people were able to join us on Christmas Day. Talland was nearly full! Rev’d Richard preached on the Christmas Cracker, reminding everyone of its Victorian origins. The snap to crack the cracker reminds everyone of the shock of



The Rector is displaying his own silver crown

Christmas when the angels appeared to Mary and the shepherds. The crown symbolises Jesus’ kingship and that God had come to live amongst us! The corny joke in Victorian times was a memory verse from the bible with the Rector explaining this year from his verse that Jesus was Emmanuel God with us. Finally the present in every cracker is a reminder of God’s greatest present to mankind in Jesus who eventually would die for our forgiveness and resurrection into heaven. The Rector here is seen playing with the cricket set that dropped from his giant cracker. He’s playing a solid forward defensive down the aisle, despite being engulfed in his robes and then hooking off the back foot into the congregation!



Polruan Nativity The Allen family standing in for the sick



Christingle at Lansallos



The Rector playing with the cricket set



The Rector playing with the cricket set that dropped from his giant cracker



A packed church at Lanreath enjoying Christingle



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POLRUAN KIDZ KLUB



Children from Reception up welcome!

FEBRUARY/MARCH 2023

24th February 2023

24th March 2023



Fridays 6 -7.30pm @ Polruan Village Hall



Fees £1.00 per session



Includes equipment, drinks & biscuits



Christian values of friendship, respect, kindness, and equality



Children's safety is our priority



Child Protection Policy in place



Leaders and helpers have full DBS clearance



Contact Angie Mallard on 07967131525 for more details

POLRUAN SURGERY HOURS
 (from Fowey River Practice website)

Polruan Surgery is open from:

Mondays
 2.30pm until 5.00pm

Tuesday, Thursday and Fridays
 8.30am until 12.00 noon

Wednesday
 Closed

STEVE STROUD

Penleath, Cliff Rise, Polruan
 Tel : 01726 870712
 Mob : 078101 24137

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 - bubble wrap
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 - LDPE
 - see their website



READING ROOM
Monday 1500 - 1700
Thursday 0900 - 1300

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Little Harbour from Lynn Bartlett

Once again we have been well supported with our sales of Christmas cards. A special thank you to Sue and Ellie at Jam First for again providing a safe outlet for our Christmas card sales. Sales amounted to just over £350.

Thanks to the generosity and the thoughtfulness of several people in the Parish, we have received £415 in donations. Thank you.

We anticipate holding our first book sale of 2023 on Tuesday, 7 March optimistically hoping on Corner but otherwise in the Reading Room. The books in the Reading Room will have been refreshed by the end of January. The price remains the same: £1 for paperbacks, £2 for hardbacks and 50p for children's books. Jigsaws are also available in exchange for a small donation. Enjoy a browse in the Reading Room on Post Office opening days in the coming weeks.

2022 marked 10 years since Little Harbour opened its doors, offering the care and support to families in and around Cornwall. It is the third children's hospice in the Children's Hospice South West organisation, ensuring that families have a journey of no longer than 90 minutes to access the care they need.

In these challenging economic times, especially as a charity, we are very grateful as ever for your continued support. In a separate article you will read about Polruan resident, Mark McCartney, and his Ride for Precious Lives. It is a sponsored event and Mark would be grateful for any words of encouragement or donations via his Just Giving page. I too am more than happy to pass on any donations.

Lynn Bartlett 01726 870536 or 07977 440132

Winter by the late Mavis Cocks

*Winter - the season when the earth takes its rest,
 when trees stand bare and no bird builds its nest,
 when ice frozen streams no longer flow
 and the ground can don a white mantle of snow.*

*You listen in vain for a bird's call or song,
 when days are short and the nights are long.
 Hedgehogs curl up tight for their long winter sleep,
 gale scattered leaves pile up into heaps.
 But each day that passes tells us one sure thing,
 that each day of winter brings us nearer to spring.*

© Mavis Cocks, first published here February 2005

Crossword

FEBRUARY-MARCH

ACROSS:

1 Blunder (5)
 4 Opposite of 'heads' (5)
 10 Keen (5)
 11 Fan (7)
 12 Large animal (8)
 13 Ruffian (4)
 15 Cast out (6)
 17 Red colour (6)
 19 Hair style (4)
 20 Ballot (8)
 23 Holy war (7)
 24 ___ John, musician (5)
 25 Exclude (5)
 26 Seize (5)

DOWN

2 Corner (5)
 3 Most distant (8)
 5 Gifts (4)
 6 Breed of dog (7)

7 Similarity (11)
 8 Trace (5)
 9 Terrifying (11)
 14 Layabouts (8)

16 Bring up (7)
 18 Change (5)
 21 Bury (5)
 22 Wine from Spain (4)

Crossword compiled by John Thomlinson.



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Cornish Pasty graphic by Matt Hawdon from the Noun Project



Publisher
 Lanteglos-by-Fowey PCC 07399 563440
 trelawnybenefice@gmail.com

Editor
 Suzanne Goddard 01726 870818
 suzanne.goddard@me.com

Advertising
 Edgar Goddard 01726 870818
 edgar.goddard@gmail.com

Distribution
 Linda Hazell and 07977 625134
 Mark Pope
 lindahazell@sky.com

Lanteglos Community Bus Timetable

	Feb	Mar	Fare
Whitecross Market	4 th	4 th	Donation
Par Market & St Austell	1 st , 15 th	1 st , 15 th	£3.00
Trago & Bodmin	8 th	8 th	£3.00 £4.00
Truro	22 nd	22 nd	£4.50

All services are now on Wednesdays except for Whitecross Farmers Market (the first Saturday of every month). The services start from Furze Park at 9.25 (10.15 for Whitecross), then as requested at Well, Greenbank and Ferris Way. Pick-ups can also be made anywhere on our route through Frogmore, Whitecross and Bodinnick. £1 reduction for concessions to all fares.

To book, please call in at The Russell or telephone 01726 870707 (please do not phone before 9 am)

Service subject to driver availability and of course Government Guidelines

LETTERS TO THE EDITOR

Suzanne Goddard
Springhill
Chapel Lane
Polruan PL23 1PG
01726 870818
suzanne.goddard@me.com

or use the letterbox in the porch
of St Saviour Polruan

The Editor welcomes your letters and contributions however in fairness to others reserves the right to abbreviate owing to limited space available.

We regret that we cannot accept anonymous contributions. Please give your name and postal address: this will not be published in full unless you specifically request it.

Views expressed are those of the author and do not represent those of the Editor or the Parochial Church Council.

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*The Parish News is
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*The official website of
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**Closing date for the
Apr / May 23 issue is**

Tuesday 14 March 2023

Please send all copy and letters to
Suzanne Goddard at
Springhill
Chapel Lane
Polruan PL23 1PG
suzanne.goddard@me.com
01726 870818

Or use the letterbox in the porch of
St Saviour's Church Polruan
no later than

Tuesday 14 March 2023

*** Thank you ***

Polruan Village Diary

from Kathryn Hill

In the last edition you may remember I mentioned re-instating the Parish Diary traditionally available in St Saviour Church Porch prior to Covid. This has now been re-instated and is available to individuals and organisations who are holding events to enter details to avoid clashes which it is hoped will be helpful. The porch is never locked so this diary can be accessed at any time whilst it remains in there. Thank you.

A Heartfelt Thank You

from Bill Mathews

While out walking I got into difficulty and was on the verge of collapse when Jamie Adams and another gentleman, called Matthew, came to my assistance. They were able to get me to the safety of my home and I would like to thank them very much, I don't know what I would have done without their help and thank them both for kindness they showed me on that day.

Christmas Spirit Alive in Polruan

from Polly Pals

The generosity of our village is legendary and so it was proved this Christmas. We would like to thank all the groups and individuals who so very kindly donated towards providing a helping hand Christmas food box to several families in the village. They were all received most gratefully by our neighbours.

Going to church by bus

from Kathryn Hill for Lanteglos-by-Fowey PCC

Several years ago the church hired the Community Bus to take people to church when the service is at the Parish Church of St Wyllow. This stopped because of low demand but there has been a suggestion to revive this service if people are interested. If you live in Polruan and would like to attend services at St Wyllow but don't drive, or prefer not to drive, could you please contact Kathryn on 01726 870953, kathrynehill39@gmail.com and we can see if the bus service is worth reinstating

Thank you.

Thank you

from Joan Simpson

I wish to thank Des and Val Libby for once again choosing the Motor Neurone Disease Association to benefit from the Christmas Parish Post. Thanks also go to the Winkle Picker for hosting the box and to all who supported it. I am also grateful to the Russell Inn and Polruan Stores for their continued support.

Thank you one and all and together we raised approximately £200.



Thank you

from Des Libby

Many thanks to Ellie and her team at the Winkle Picker for selling stamps, collecting Christmas Cards and all the helpers with delivery for this year's Christmas Parish Post for charity.

Also to Morley Tubb at Highway for organising a collection point outside the village and to everybody for their support.

A fantastic amount of £200 was collected and has been passed on to The Motor Neurone Disease Association, Cornwall Branch.

Thank you

from Kathryn Hill

What a lovely Christmas Tea Party for us 'oldies'! I did enjoy it! Many thanks to the generous donors, the Regatta Committee for organising it and to all who helped in any way to give us such a happy afternoon.

Tracing relatives of Ernest Bobe

from Tony Porter

We are putting to auction the WW1 Victory Medal to:

172327 E. H. BOBE LG. BTN.

Ernest Henry Bobe b. 19th May 1871
Fowey, Cornwall.

Served Fowey Coastguard as Leading Boatman prior to and during the war under Admiralty administration.

We try where possible to reunite medals with any descendants that may be interested.

If you have knowledge that could help, please contact Tony Porter. Any assistance will be greatly appreciated.

Thank you

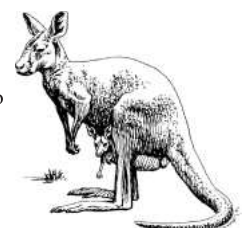
Tony Porter, Secretary, MedalMart
07979 384467

email : medalmart@gmail.com



Letter from Australia

Skippy has been a bit slow with the post but we hope to hear from Mary in time for our next issue.



Thank you

from Lynn Bartlett

A special thank you to Mrs Angie Harrold whose generous donation allowed the older members of the Parish to enjoy a traditional Christmas tea party on 15 December. Mrs Harrold donated to give thanks for happy times and memories made over many holidays spent in Polruan.

After being greeted with a Winter Warmer, twenty seven people sat down to a tea of festive food, enjoyed a fun quiz and singing a selection of carols and Christmas songs. A further seventeen boxes of festive party food were delivered to those who couldn't make it.

Thank you to all those who came to help in the hall, preparing and serving food, talking to guests, playing the piano, tidying up, making deliveries, providing transport and driving the bus.

Ride for Precious Lives

from Mark McCartney

Hi it's Mark McCartney from Polruan, and I would like to say something about Little Harbour, Children's Hospice South West (CHSW), and a challenge that I am taking on later this year.

Little Harbour Children's Hospice is a very special place - providing care and support for children with life limiting illnesses, including end of life care for those children who need it. These children and their families are able to access enhanced care that the NHS is not able to provide, particularly in current circumstances. The hospice relies on charity fundraising to enable the good work to continue.

Little Harbour is just about visible from the top of the village across St Austell Bay. I know that it holds a special place in the hearts of many, including those families who have needed the care they provide in the past or who are still accessing this valuable service.

During my five year association with the Hospice I have seen some amazing care delivered by the fantastic staff. All these people share the same caring ethos, including the nurses, support staff, sibling carers, cooks, cleaners and bottle washers. The fund raisers and administrators are also part of a great team that enables children and families to receive a high level of care and support.

Even more amazing are the parents and families, who provide the 24 hour every day care for these children. They really need our support in very difficult times.

I am now trying to do a bit more for the hospice and have signed up to the CHSW cycling challenge, which is a three day ride from Little Harbour to Charlton Farm Hospice in Bristol, via the Little Bridge House hospice near Barnstaple. This is over 225 miles — more if we get lost(!) — and I would really appreciate any words of encouragement and support. There are still some spaces on the ride, so if you would like to join me that would be great too, there are details on the CHSW website.

If you see me out training for this then please give me a wave or beep your horn, when it is safe to do so. You can also leave messages of support (or even give a tiny donation, anything will do thanks) on the just giving page here:

justgiving.com/fundraising/mark-mccartney2



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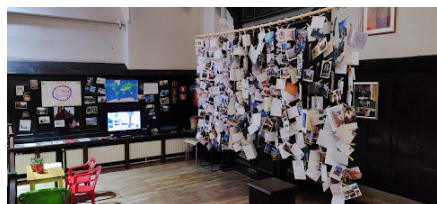
St Saviour's Church Riga, Latvia

from Kathryn Hill

In late April last year I received the following message sent via Truro Diocese:

"Greetings from St. Saviour's Anglican Church in Riga! We have a huge favour to ask all of you: Each year in Latvia at the end of May we have a country-wide event called 'Baznīcu nakts' (Night of Churches) where almost every church hosts concerts, lectures, discussions, etc., and visitors will visit multiple churches throughout the night. Our church also usually displays different exhibitions of art done by our members, and one idea I had for this year would be a wall display of postcards from many different churches throughout the COE! That way, we would be able to represent not only ourselves on this special occasion, but our entire denomination and your church as well! It would be fantastic if your church could send us a postcard with a small message for St. Saviours or for Latvia in general written, preferably one with your church pictured if possible. If you don't have one with the church building visible, any postcard from your parish will do! We will make sure to display them so both sides are visible and your messages are visible as well. If you are so kind as to send us one, we will send you one back as well! Our address is: St. Saviour's Anglican Church, Anglikāņu iela 2, Rīga, LV-1050, Latvia. Thank you so much in advance, and we look forward to sending you greetings! Blessings, Joe Horgan, Churchwarden at St. Saviour's Anglican Church in Riga".

On behalf of St Saviour Polruan and Lanteglos Parish I responded with postcards



The wall of 250 postcards at St Saviour's, Riga

of Polruan and St Wyllow and notelets with pictures of the ruin of the original St Saviour and of our current church building. Early in January I received a postcard from them with a picture of their St Saviour Church and a message saying:

"Dear fellow St Saviour congregation, Thank you so much for the lovely cards this spring. May your Christmastide be full of spirit and joy in His coming. Yours in Christ, Joe Horgan, Churchwarden".

I didn't get round to writing for the Parish News about the original correspondence in the spring so I thought I would do so now. I plan to send them Easter greetings from us in response to their Christmas Card.



St Saviour's, Riga. Courtesy rigathisweek.lv



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- DOORSTEP COLLECTIONS -
*by phone request



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Coronation of His Majesty King Charles III

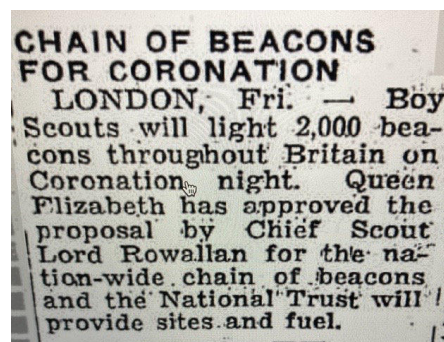
from Lynn Bartlett

I have queried whether the tradition of lighting beacons to celebrate Coronations, as well as Jubilees, was going to continue for the forthcoming coronation of King Charles III. I have received a message from Buckingham Palace that this is not the intention. The reason being, they are conscious that the Coronation will take place less than a year after The Queen's Platinum Jubilee Beacons were lit, and are therefore anxious to ensure that the events planned for May 2023 have a markedly different look to those of June 2022.

However, it has been agreed that Beacons should be lit on 6th June 2024, as the principal leading event led by our communities and organisations, in the celebration/commemoration/tribute to D-Day 80, the 80th Anniversary of the D-Day landings in Normandy.

So we won't be repeating the collection of wood for this year and will consider whether to have a beacon in 2024 nearer the time

The small newspaper cutting below outlines the plan for beacons in June 1953.



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Saving Lives

We now have defibrillators at:

Whitecross Village Hall; Polruan Village Hall, School Lane;
Vevery car park; The Quay, Polruan; Fire Station, Greenbank

The defibrillators are very simple to use, with voice instructions given whenever it is activated.



MEMBERSHIP:

Before you can view our films you will need to join the club as a member. You will then have 12 months of access to our films and any throughout Cornwall shown by C Fylm community film clubs

Polruan residents, Local residents and visitors are all welcome!

BOOKINGS:

by phone on 01726 870525
or through the

website: www.polruanfilmclub.co.uk
or email: bookings@polruanfilmclub.co.uk



Your first film is included in your membership fee. Then you just need a ticket for each screening you want to attend
Two great films coming up for February and March

THE LOST KING (12A) Saturday 25th February at 7pm

In this endearing British comedy drama starring Steve Coogan, amateur historian Philippa Langley (Sally Hawkins) believes she has made the archeological find of the century: the lost burial site of King Richard III. She takes on Britain's most eminent historians, forcing them to rethink the legacy of one of the most controversial rulers in English history. A great film based on a true story.



SEE HOW THEY RUN (PG-13) Saturday 25th March at 7pm

In the West End of 1950s London, plans for a movie version of a smash-hit play come to an abrupt halt after a pivotal member of the crew is murdered. When world-weary Inspector Stoppard (Sam Rockwell) and eager rookie Constable Stalker (Saoirse Ronan) take on the case, the two find themselves thrown into a puzzling whodunit within the glamorously sordid theater underground, investigating the mysterious homicide at their own peril. A great comedy/thriller.

MEMBERSHIP RENEWALS - Unbelievably it's now a year since we showed our first film. That means that if you joined us for our first showing of Dream Horse on 22 January 2022 then your membership will have expired. When you want to see another film therefore you will need to purchase another £6 membership which will include tickets for the first film you view in this new membership period. Membership can be purchased online or at the desk when you attend a film. To all our members (currently 131 of you!) thank you for your support and we hope to continue to see you throughout 2023!

TICKETS: ANNUAL MEMBERSHIP INCLUDING ENTRANCE TO FIRST FILM : Adults £6 - Youth (12-15) £3
SUBSEQUENT FILM TICKET PRICES: ADULTS: £4 YOUTH (12-15): £2
There is no membership fee for children under 12 but a £1 ticket charge per suitable film

Polruan Regatta and Children's Sports

from the committee www.polruan-regatta.co.uk

The arrival of the trees announced the beginning of our traditional Christmas treats for the children of the Parish. Thank you to all concerned for sourcing, transporting and putting the trees in place. The purchase of the new white lights certainly made our Christmas tree on the Coal Wharf sparkle as we added them to the new coloured ones we purchased last year.

The Christmas party for the youngest children in the Parish became more challenging due to the icy roads at the beginning of the day. As a change from an entertainer, we had booked some soft play equipment; unfortunately the lady transporting it to Polruan spun on the ice in Lerryn and was unable to continue her journey, fortunately no one was hurt. Ever resourceful, we quickly borrowed and set up some fun equipment from the baby and toddler group and Kids Klub. The children and committee members had fun, the parents and carers enjoyed a coffee and after lunch, wary of any remaining ice, Father Christmas arrived bringing gifts of books.

The 2023 production of Sleeping Beauty at the Theatre Royal was enjoyed by the older children and accompanying adults. Shane Richie led a talented and energetic cast, there were some amazing special effects with a helicopter flying over the stalls, later followed by a scary Werewolf!

The seats for next years' pantomime, Goldilocks and the Three Bears, have already been reserved for 8 January 2024.

With some plans underway, we look forward to our summer events. (See separate article on the Abba tribute band).

First comes our Annual General Meeting. This will be held in the Reading Room at 7.30pm on Monday, 6 March. Everyone is welcome to come along, to hear about what we do and how we work. There will be no pressure to join the committee! We welcome new committee members from student members aged 16 and above; there's no upper age limit.

If you would like to know more about the expected commitment to our organisation, please speak to any committee member or contact

About our activities

We have become aware that some of our traditional events, including our trip to Creaky Adventure Park and to the Pantomime at the Theatre Royal, have not had the uptake that we've had in the past by children in the Parish. In fact just nine children originally signed up to the pantomime trip, although after some chasing, 21 children went and had a great afternoon. We are puzzled as to why so few children opted to go on a no cost trip. We'd welcome any feedback.

We think that with children now going to schools further afield, word of mouth doesn't travel in the same way of the opportunities provided by the Regatta Committee. Quite rightly, with data protection regulations, schools are unable to give us details of families who may benefit.

We are aware that there are new parents and carers to the Parish who may be unaware of our unique organisation.

The organisation was in existence in the 1930's and apart from the second world war years, has continued to provide entertainment, opportunities and support for children and

their families to enjoy through the year at no cost.

We organise events in the Autumn, at Christmas and in the Spring and Summer, culminating in our Regatta over the August Bank Holiday weekend.

During the year families can receive invitations for children to attend an age related treat and we include children from birth to sixteen.

Because of data protection regulations we require parents and carers to complete a basic form so we contact families with invitations. This we can send to families along with an explanatory letter. We can reassure you that this data will be securely stored and not forwarded to any other organisation or individuals. We will delete the data once a child leaves secondary education, moves away or earlier by request.

The adults on the Committee are used to supervising and caring for children and the majority of committee members are DBS checked and we have a Safeguarding Policy in place. The organisation has comprehensive insurance covering all events.

When we use coach travel we use a company used by the Education Authority and we abide by the supervision ratio of adults to children as recommended by the Education Authority.

Please don't hesitate to contact us if you would like to request a data protection form or have any concerns or queries. Thank you.

HM the King's Coronation

As announced in the last Parish News, we have booked the Abba tribute band 'Take and Chance On Us' to mark the day of the King's Coronation on Saturday, 6 May. We are hoping the weather will be kind and they will be able to perform on the Old Coal Wharf. It promises to be a great evening so please encourage family and friends to come and join in.

We will not be selling tickets but will put some donation buckets out on the evening.

We will precede the music with a barbecue. Timings to follow nearer the time.

The publicity from the band is as follows:

Appealing to all age groups and bringing you the music of one of the most successful bands of all time. This fantastic live show celebrates the music of ABBA. The Abba story continues to be written with the recent film, themed restaurants and new songs, it never seems to lose its popularity and just keeps growing. The show has a fully live six piece band, voice-overs, costume changes, choreographed dance routines and light show. The band members encourage lots of audience participation and of course includes all the well-known, iconic and favourite Abba hits! The performers bring energy and fun to the stage that will ensure that you will have a fantastic night to remember.

Their web site is takeachanceonus.com.

Lynn Bartlett on 01726 870536 or lbart49738@aol.com or

Joanna Sandy on 01726 870671 or jsandy8311@btinternet.com

Amen – Amen and Hallelujah

by the late Mavis Cocks

I was brought up in a Wesleyan family and we were fervent members of West Street Chapel. Always a good congregation. The same applied to the Methodist Chapel in Fore Street.

The older members were never afraid to speak out in the prayers and it was a common thing to hear someone join in the prayers with a call of 'Amen, Amen' or 'Praise the Lord' or 'Hallelujah'. Very often too the final prayer would be continued and an extra 30 mins or so would pass. In the summer these little extra meetings would take place on the Quay.

The singing then of the Wesley and Sankey hymns was really most enjoyable. Even the old men who were always to be seen smoking their clay pipes in the Linney would join in. The hymn singing was heard and appreciated by the folk across the river in Fowey.

Mr Tommy Marks of Polperro and Polruan's Mr Charlie Toms were popular preachers. The preachers mostly lived locally and were welcomed into households for lunch or tea. Both chapels were fortunate to have really good and enthusiastic organists such as Mrs Alice Stone for the Wesleyan and Mrs Hender in the Methodists. I remember too how each chapel had an organ 'pumper' or 'blower' to pump the air needed for the organ to be played. Sometimes this very necessary person, sitting behind his curtain, would have a doze – maybe during the sermon – and had to be given a poke to wake him up.

Each chapel had its Sunday School with several classes and teachers. That seems incredible now when very few children go any where on a Sunday. Looking back I think we all enjoyed those Sunday School days. Many friendships started, most of which lasted a life time.

It seems sad that both chapels along with the Sunday Schools are no longer need- ed. Times and circumstances bring such changes but the lovely memories stay with us forever

© Mavis Cocks, first published here June 2007



In memory of Abu Karami from Kathryn Hill

Those of you who were living in Lanteglos Parish while I was in Nigeria (1977 – 1998) will probably remember my mother running coffee mornings to support my work there. Some of the coffee mornings were to raise money for specialist equipment for my blind students, including a talking scientific calculator for Abu Karami when he gained admission to the University of Jos to read for a BSc in Maths. You may even have donated a portable typewriter for my blind students to use for their assignments and exams (few of the staff could read Braille, hence the blind students needed to type).

Abu was blinded by measles just as he was due to start school. Despite his father believing that education would be wasted on a blind boy who he thought was destined to be a beggar, Abu came to Gindiri School for Blind Children mostly because there were no fees at the time and a neighbour paid his travelling expenses. When he finished Primary School he passed the entrance examination to Gindiri Boys Secondary School (BSS) and I was able to find sponsors in the UK to pay his school fees and other expenses. At the end of his first three years he got excellent results in his Junior Secondary Certificate of Education, including the highest mark for science in the whole set of five forms. Now, BSS had been integrating blind students since 1955 (the first secondary school in the whole of what was then British West Africa to do so) but they had traditionally studied arts subjects for their final exams, so Abu's desire to study the sciences caused some alarm but it was agreed that he could try. He did so well that his Physics result in the Senior Secondary Certificate of Education (SSCE) was one of the three best in the school.

We again had a bit of a problem convincing Jos University staff to admit him to a BSc Programme but before long, when I went in

to support him, staff that I happened to meet were boasting to me about how well my boy was doing.

After graduating, Abu was employed by the Federal Ministry of Education in Abuja in their Special Education section where he worked hard to ensure that many other blind students had the chance to study maths and science. He also volunteered in his spare time, in schools which integrated blind students, helping them with maths and science.

While at BSS, Abu had been baptised and taken Emmanuel, usually shortened to Emma, as his baptismal name. He had been in hospital in Abuja in December suffering from hepatitis and cancer of the liver but was discharged a week before Christmas and almost immediately he and Isuwa Jurmang (who I worked with at Gindiri Material Centre for the Handicapped and who some of you may remember from when he visited Polruan) were speakers at a Nigeria Association for the Blind meeting about teaching Maths and Science to blind students in Nigeria. Early in the New Year Emma's health deteriorated so, on Monday, 9 January, he and his wife and brother travelled to Jos, spent the night with Isuwa and his family and was then admitted to Jos University Teaching Hospital on Tuesday. Isuwa and Emma's wife and brother were with him when he died the next day. Isuwa movingly wrote that:

"His last moment was that he came down from his hospital bed with oxygen in his nose and knelt down and prayed aloud asking God to forgive him his sin. He went on asking God to bless all those that have supported him in life and in his sickness. He then climbed [onto] his bed and asked his wife to eat food.



From Cuppa to a Calculator!

'Emma' is delighted with the Scientific Talking Calculator purchased with the proceeds of coffee mornings in Polruan, Brandhall and Blean – "With this calculator there is no type of mathematical exercise I cannot tackle".

After asking her to eat he requested her to remove his shirt for him. Immediately she did that, he put his head on the bed and turned [his] head to the other side of the bed and took the last breath. Emma had gone."

He will be much missed but my comfort is that Emma is in heaven now, with Jesus, no longer sick and what is more, now he can see! Emmanuel Abu Karami Dinglip — it was a pleasure and a privilege to know you and be part of your story and I know we will meet again at Jesus' feet.

Letter from Nigeria from Daniel and Kathleen

Happy New Year. As we look back over last year we can praise God for all his goodness to us. Let us carry on praising God and trust him for everything that will happen, knowing that everything comes from his loving hands.

Thank you for your Christmas emails and cards. We appreciate them very much.

Christmas was very busy and visitors came, some to stay and the children came for sweets and biscuits. We had 30 packets ready for them and we had to make more packets. The adults got biscuits and sweets and a bottle of minerals. They are still coming for the New Year.

Both of us are reasonably well and praise God for this. I suddenly got reactions to one of the medicines I was taking and eventually worked out which one was causing the severe itch and rash. I am now okay.

Sadly many have suffered during the past year and tensions are rising as the imminent elections in February draw nearer. Anything could happen so we need a lot of prayer.

We pray for you in this New Year. It always thrills us to think that the Lord is praying for us.

God bless and encourage you.

News from Nigeria

from Kathryn Hill

The Church of England Newspaper dated 6 January quotes from Release International's annual 'Persecution Trends Report' (releaseinternational.org) that violence against Christians is set to increase in 2023 highlighting Nigeria, China and India as the countries it is most concerned about. The article says that according to Release International's Nigerian partner organisation: "Every indication suggests that Nigeria is at a pivotal point in its history. The election in 2023 will determine whether the nation grows as an entity or disintegrates."

Pressure is building from Islamists in the north, including terrorist groups, for an independent Islamic state. This call for secession is now being echoed by Southern regional ethnic groups who believe that splitting away from Nigeria would give them



autonomy from what is looking increasingly like a failed state.

For a number of years Islamist groups Boko Haram, Islamic State and Fulani militant have attacked Christian villages with apparent impunity. It is reported that more than 6,000 Christians were killed in 2022 by Fulani extremists alone.



Fowey River Lions

Fowey River Lions are delighted to be working with Marie Curie. We will be out helping them with their daffodil collections in early March so please come and see us in Fowey over the weekend of 10 – 12 March. Marie Curie Nurses and front line staff are needed to provide vital care, expertise and compassion to dying people and their families, in their homes and our hospices across the UK. Do please come and support this worthy cause we would love to meet you. Later in the year we are looking to collaborate with Marie Curie for a fundraising event, more details of this in future news releases.

Easter Eggs – Yes it is coming up to that time of year already. Every year you help us to raise funds for local causes by supporting our Easter Egg appeal. You can find our eggs in a variety of pubs and venues around the area stretching from Fowey and Polruan, both sides of the River Fowey up to and including Lostwithiel and down to Tywardreath and Par on the Fowey side of the railway line. So do look out for these and the chance to win a basket of yummy Easter eggs. Winners will be drawn locally over the Easter Bank Holiday.

Join Fowey River Lions – We are a local community organisation raising funds and helping our community. We started

in 1977 with a large group of like minded people helping their local community and helping to raise funds for local, national and international causes. Over the years we have donated to major charities such as Cancer Care, Motor Neurone Disease, RNLI, local charities such as Children’s Hospice SW and helped local people in need as well as encouraging and supporting young people in their development with smaller grants. It is not all hard work; in fact it can be great fun and gives a great feeling of satisfaction. We meet once a month and discuss what we are going to do and once a month we have a social event. We welcome anyone in the area to come and meet us and see what we do. We meet on the first Monday of the month, upstairs, at the Ship Inn, Par at 8pm. We would love to see you.

President: Lion Tony Bartlett
Treasurer: Lion Tony Bartlett
Secretary Lion Alastair Barr

www.lions105sw.org.uk/foweyriver

email: foweyriverlions@gmail.com

facebook: foweyriverlions

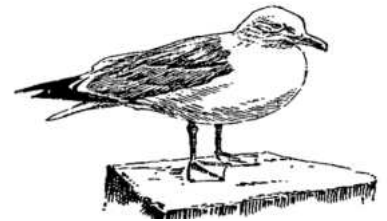
Tel: 0345 833 7484

To Advertisers and Contributors

from the Editor

We are very grateful for all the fantastic contributions received at The Parish News. We are happy to change the content of any advertisement or notice for every edition but need to receive these amendments on or before the 14th of the month preceding publication, otherwise the content will remain unchanged.

Please ensure that any rubbish for collection is put out early Monday morning and not before



It is strongly recommended that householders put bin bags in a dustbin or gull-proof sack

Owners of holiday lets are asked to provide their tenants with dustbins

Please do not feed the gulls



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Baby & Toddler GROUP

Do you have a child or look after a child under 5?

Pop along to Polruan WI Hall on Wednesday mornings 9:30-11:30, term time only.

Refreshments for all.

Session fee: £2 per child; £1 per additional child.

All welcome.

For more information follow our facebook page

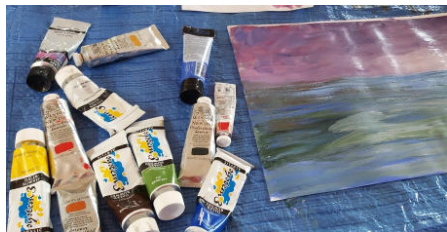
or email us babytoddpol186061@yahoo.com



Art Group, Polruan

from Sue Rowe

Is your new year's resolution to start up painting, or would you like to renew your artistic tendencies?



A small group of people with a keen interest in painting meet twice a month on the first and third Wednesday between 14.00 to 16.00 at the WI Hall in Fore Street. The group is supported by Louise Kidd, a resident artist, who offers advice and encouragement.

If you would like to join us you would be very welcome, whether a beginner or accomplished artist. This is a group rather than a club so there is no need to join and if you want to come along it is only £2.50 each visit.

If you would like further details, please contact Sue Rowe (07813 125989)



Are you interested in trying your arm at Short Mat Bowling?

Short mat bowling is a feature of many a village hall so why not Polruan? The bowling, using the same size bowls as used for outdoor flat green bowling, uses a 6ft wide carpet some 40ft to 45ft long. Thankfully our Village Hall put us nicely in the middle of this range at 43ft.

I would like to gauge the level of interest in creating such a facility for our village.

Beginners, experts, children and adults would be welcomed, so please let me know if you would like to get involved as a potential user and better still if you would like to be involved in getting this initiative out of the air and onto the mat! Morning or daytime sessions could be established come rain or shine! I look forward to hearing.

Please contact Henry Rowe at Rose Cottage or hjdrowe@gmail.com, or 07887 824837 for further information.



Looe and District Flower Club

Welcome to your local flower club! We are a friendly club of flower arranging enthusiasts of all abilities who enjoy

the hobby of floral art. We offer workshops and are visited by inspiring demonstrators. At each meeting we run a competition so that everyone is able to access feedback and support in their development as a floral artist; or join us just to immerse yourself in flowers, enjoy good company and cuppa! We meet every first Tuesday in the month at 2pm in Pelynt Village Hall.

Looe and District Flower Club is affiliated with the National Association of Flower Arranging Societies – NAFAS

Find us on Facebook or contact Kathy Iles 07747896050 email kathyiles4@gmail.com if you are interested to find out more about us.



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News from Polruan Academy

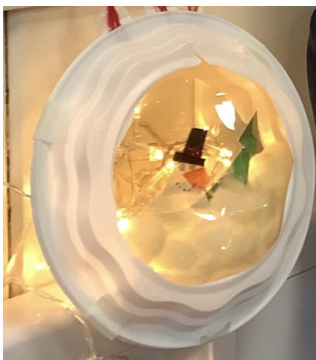
from Jane Wills, Headteacher

The building is bursting with learning and it is a real pleasure to see how the children are embracing this with enthusiasm and positive attitudes. As you can see from some of the photos attached, the learning is varied, broad and all encompassing. We are fortunate enough to have the excellent Mrs Butlin back with us for this term and the children are absolutely delighted with learning how to read musical notation to play the ukulele. It makes for a bustling afternoon with excitement, dedication and noise, which cannot always be classed as musical, however all children are learning new skills, applying prior knowledge and they are thoroughly enjoying the opportunity to play an instrument. You can listen to their fantastic ukulele rendition of "A sailor went to Sea" filmed for the Lambing Service at Frogmore Farm.



In Tregaele class, the children have been studying the Vikings and they have devoted a significant amount of time and effort to the completion of their DT project on Viking long ships. We have covered lots of skills along the journey, from initial design research to drawing up plans, choosing materials and tools and now finally using all this to complete their build. The children have used prior learning to enhance a wide range of skills like mixing shades of brown to create a weathered wooden clinker-built effect for the hull, measure accurately before cutting wood to reinforce the hull of their ship and using their knowledge of techniques for collage making to create a textile sail. As you can see, the classroom looks quite spectacular filled with these authentic looking Viking long ships.

We have now moved completely to a digital platform for Maths in Tregaele class. The children are very motivated to complete



Maths questions on our digital learning platform using their iPads and they are developing a whole new set of ICT skills alongside their Maths learning. We are very fortunate to have an iPad for each child, thanks to the Barry Bequest money we received in 2021. It has truly helped transform learning at our school by supporting the children to develop and refine ICT skills needed for our 21st digital age.



Our youngest children in Canute class are studying birds and as part of their enquiry — How are birds and people the same and different? — the entire class turned into bird watchers, spending the morning in the National trust field to try and spot which birds live in our local environment. They returned to school full of impressions and sightings. In class, they have studied the Kingfisher and in Art lessons, they have learnt how to draw one using a step-by-step guide. Once all children had a drawing of a bird, they investigated how to mix colours to a specific palette to paint their Kingfishers. We are all very impressed with their masterpieces some of which I have shared here.



We have joined up with Pelynt Primary to share a Pop-Up Role Play session for our youngest children. Our older children are currently working with peers at Darite school for online Coding lessons learning how to build, code and operate Lego robots. Teachers take turns to teach both classes using our high-tech classroom cameras and TEAMS. It is lovely to have the opportunity to share learning experiences with other schools in our Trust. Sometimes being small can feel isolating, however being part of a greater collection of schools means we can share costs and access opportunities otherwise unavailable to us.

We are now looking forward to the lighter days and the chance to visit our allotment.

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KEEP POLRUAN SAFE

We are all learning to live with Covid and thanks to the brilliant work of the NHS and scientists we all feel much less threatened. However please bear in mind that there are still people who are vulnerable or who are still anxious of the relaxing of rules

Please be understanding and kind and where possible maintain social distance and wear masks if requested.

If you do need any help "Polly Pals" are still here to support you with your everyday needs such as shopping, picking up medicines, prescriptions, etc.

07813125989
Polruan Support Group

POLRUAN
SUPPORT GROUP



**The first Saturday of every month
10am-1pm, at Whitecross Village Hall**

**Dates for your diary: Saturday 4th February, Saturday 4th March,
Saturday 1st April 2023**

Whitecross market news

- Whitecross regulars will know that Anne Rogers from Oakcroft Farm has sadly had to give up going to markets. We'll all miss the wonderful range of high-welfare rare breed meat and poultry (plus legendary pies and sausages) that she used to bring us.
- Over the years, we've had to say goodbye to many fantastic stalls (do you remember Rani, who made the best curries in the world?) But as one door closes, another one opens – Whitecross Market will continue to thrive, even as it changes from year to year.
- The good news is we still have lots of top quality local meat, including delicious Dexter beef from Andy's herd on Pencarrow Head. And Helen from Coppergon Farm has gorgeous goat meat for sale, and will be bringing us her rare breed pork, sausages and ham from February onwards.
- But we do have room for a few new stalls at Whitecross, so please get in touch if you know any local farmers, growers or producers who might like to come along with, for instance:
 - lamb, hogget and mutton
 - poultry (free-range/organic)
 - seasonal game (including rabbits)
 - plants, herbs and shrubs
 - organic veg, salads and fruit
 - home-cooked ready meals
 - anything else you'd like?
- The Jubilee Shelter now has roll-down sides to cut out the worst of the winds. It's a much cosier space for the outdoor stalls (Polmarkyn goat dairy, and Cornwall Woodland Crafts), and for you to catch up with friends over a coffee or hot chocolate from 'Brew with a View'.

And don't forget:

* Hot **Liddicoats pasties** from Lostwithiel (steak or cheese) are cooked in the hall kitchen on market day by Kim and Joan. If you're going to be late in, and worried about missing them, you can always text your pasty order to Liz on 07900 668604.

* You can **pay by card** for pasties in the kitchen, and for coffees, ice creams, market bags etc. at Brew with a View, plus at most of the stalls.

* But please bring cash too, as not everyone takes cards.

* **Community buses** run to the market from Fowey and Polruan – saving you money (and the search for a parking space).

* You can sign up for the **Green Cow milk** round at the market: proper local farm milk, cream and butter, in returnable glass bottles, plus much else besides.

Find us on Facebook and Instagram

Email: whitecrosslocalmarket@gmail.com

Tel: Liz on 07900 668604



Green Cow Dairy: your local milk round



Beautiful local veg from Lanteglos Highway



Homemade bread, pies, flans and rolls from Polruan



Dave's delectable apple juice (return a bottle for £1 off)

News from Frogmore Farm

from Gill Palmer

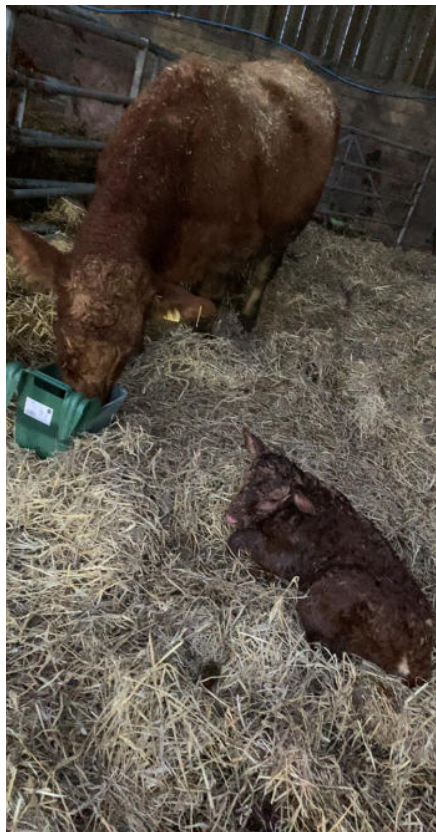
Although Christmas seems a long time ago, we have happy memories of the day. It was Stanley's first Christmas and Angus's second. They had such a lovely time ripping the wrapping paper from their presents.

Ben had a lovely Christmas gift. He was delighted to find a new calf lying by its Mother. A little heifer, another one to be registered in his Pedigree herd book. Because of her birthday her name is Frogmore Angel. In the following few days Ada and Amaya were born. Lovely little animals with big beautiful eyes. There are lots more calves to be born and a careful watch has to be kept on the cow sheds. Most babies are born on their own but sometimes help is urgently needed. For instance if the calf is not presented correctly (which is its nose resting on the hooves) it cannot be born unaided. If the birth seems to be taking a long time the cow must be examined. Sometimes one hoof is missing and it just needs to be straightened out, other times things are more serious. No legs presenting at all or the head is in a twisted position. These deliveries are more serious and difficult. Very occasionally the vet has to be called and a caesarean has to be done. Some calves are born backwards. When you see a little tail coming first or two little feet showing upside down it's very important to get the delivery done as soon as possible. And it's a relief when the calf takes a first breath.

January is a busy month, all the ewes are in the sheds awaiting the birth of their lambs. Every morning the sheep are let out into the yard to eat their breakfast of special nuts, one pen at a time. One ewe, known as Jumpy, is very greedy. She can jump like a cat. She always manages to be in the first pen to feed then when they are brought back into their shed by Bert the sheep dog, she leaps over the barrier into pen two and races out for a second breakfast. She has a blue spot on her back which means she is only expecting one lamb. With the cost of sheep nuts so very high this year she probably won't show us any profit. She is such a character though and so tame we forgive her greed. When Angus saw his first lamb he looked very puzzled. Lorna asked him what noise a lamb makes. He thought about it for a while and then said hopefully meow. Everyone fell about laughing.



My job this year is to look after the little boys while Lorna and Sophie are the midwives to our ewes. One of Sophie's first challenges was to deliver triplets, the second one was backwards so not straightforward. We are now waiting for some dryer weather so the lambs can be put in the fields to run, jump and play. Lambs can cope very well with cold weather but continuous heavy rain makes life difficult for them.



It will soon be time to plough the fields and plant the Spring corn. It's a never ending circle. The yearly routine is always the same but the weather decides on the results of all our hard work. We keep our fingers crossed and always hope for the best.



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Following the success of local author Tim Bagshaw's *This Sacred Land: The Return of the Prince*, the first in the *Chronicle of the Dewnan* series, his highly anticipated sequel, *This Sacred Land: Fight for Freedom* is welcome news

for fans of historical fiction, fantasy and retold folklore.

In this unique series, Bagshaw brilliantly recreates the ancient lands of the Dewnan and their Veneti kin along the rugged Cornish and Breton coastline. Vulnerable and threatened by a Roman onslaught led by supreme leader Julius Caesar, the Dewnan's hopes of survival lie in the hands of mythical hero, King Arthur ('Artur'). What ensues is a powerful and imaginative take on the King Arthur myth depicting a brutal power struggle and an intriguing story of treachery, trickery, battles and betrayal.

Bagshaw's original reinterpretation of the King Arthur classic in an authentic Roman setting is a wonderful two-part blend of fact and fiction. *This Sacred Land, Parts 1 and 2* combine myth and reality in this must-read series.

Available on Amazon, Kindle, Apple Books and in all good book shops.

Follow Tim: [@bagshaw_tim](https://twitter.com/bagshaw_tim) and www.facebook.com/dewnanchronicle



Tim Stapleton's absorbing reflections on 60 years of 'Sailing from Polruan', is now available at The Winkle Picker.

Lanteglos-by-Fowey Parish Council February 2023

from Gillian Thompson, Clerk to Lanteglos by Fowey Parish Council

Parish Council Report

Parish Council Meetings

The Parish Council have now returned to face to face meetings. Members of the public are warmly invited to attend.

Whitecross Village Green

Parking enforcement on the site is due to commence on 10 January 2023.

A Jubilee Tree was planted on The Green during National Tree Planting Week.

Land Registration Members will be using Cornwall Council's Legal Department to formally register the Whitecross Village Green in the Parish Council's name. We hold the legal documentation this procedure is merely regularising the ownership with the Land Registration.

Planning Applications

PA22/09557, 2 Battery Park Polruan – non-material amendment in relation to decision notice PA20/08081 dated 23/12/2020 for alteration to the design of two of the proposed windows in the west elevation, the steps, terrace and entrance details of the extension at the east of the property, the location of the toilet and fire escape arrangements and option

for slate finish to gable ends. Members had no objection.

PA22/09306, 9 Wherry Place School Lane Polruan – single storey rear extension. Members had no objection.

PA22/10091, Barn at Lawhippet Farm Lanteglos Highway – proposed conversion of traditional stone barn and rebuild of block work agricultural building to form two dwellings. Members had no objection.

PA22/10092, Barn at Lawhippet Farm Lanteglos Highway – Listed Building consent for the proposed conversion of traditional stone barn and rebuild of block work agricultural building to form two dwellings. Members had no objection.

Planning Applications Approved by Cornwall Council

PA22/05284, 10 Hockens Lane Polruan – alteration of vehicle parking, construction of retaining walls, and re-levelling of the site to create garden amenity. Mr Josep Sandercock emailed on 28 September to say he was minded to refuse this application but had then subsequently granted permission. This was an error for which he had apologised. Members felt that they had been misled.

Their complaint regarding the handling of the application was subsequently upheld.

PA22/01672/PREAPP, Ferry Climb Townsend Polruan – request for TPO to protect mature Evergreen. Believed to be at risk due to potential development. NOTE – Members were not consulted on this application. CC had closed the case and given advice.

PA22/01767/PREAPP, Ferry Climb Townsend Polruan – new TPO request for 60 year old Fir tree on Townsend Road. NOTE – Members were not consulted on this application. CC had closed the case and given advice.

PA22/06525, Overferry Old Road Bodinnick – the complete demolition of the existing house and the construction of a new 4-bedroom replacement dwelling and detached garage with associated landscaping works with Variation of Condition 2 of decision PA22/02753 dated 24/05/2022.

PA22/07246, Lanlawren Farm, Fox Valley Cottages, Trenewan – construction of building for manager's accommodation and additional holiday units

Please get in touch with us through the website or by email as shown below.

www.lanteglosbyfowey.org.uk
clerk@lanteglosbyfowey.org.uk

Lanreath Parish Council

Summary of draft Minutes

Meeting of 15 November

Attendance by 6 of 9 councillors. Chairman; Cllr Peter Seaman, Vice Chairman; Cllr David Heard, Clerk; Mrs R Warren. County Cllr Colin Martin in attendance and one member of the public.

A number of matters arising were considered including adoption of Rally Close, which Cty Cllr Martin confirmed he was actively pursuing and endeavouring to seek a response from Cornwall Council. Mr Peter Hooper – a member of the public on behalf of the residents of Rally Close – stated that he looked forward to hearing the outcome of Cty Cllr Martin's investigations.

The meeting then considered correspondence from Cornwall Council and others.

Councillors reported to the meeting as to matters on which they had further information/interest. Regarding the proposed devolution deal for Cornwall, after discussion it was agreed that a motion be submitted to Cornwall Council as suggested by 'Let Cornwall Decide', supporting the call for a referendum.

Planning application PA22/09040 NGED for the installation of a third wire to facilitate three phase electricity supply at Woodlay Farm was considered, and

unanimously supported. Cty Cllr Martin sought clarification of the Council's decision regarding PA22/08102 discussed at the October meeting, and the subsequent request that the matter be referred to the planning committee.

Cornwall Council's Climate Emergency Development Plan Document (CEDPD) was discussed, in particular its impact on the Lanreath Neighbourhood Plan. It was agreed that a small working group would consider the implications and report back to a future meeting.

After discussion it was agreed that the Council would fund modest gifts for the youngest children in the parish to commemorate the coronation of HM King Charles III. The Vice Chairman will research possible suppliers and cost, and report back in due course.

The meeting went through the slides of an online presentation by Cornwall Council concerning the Community Network Review. The proposal is that the Community Network Panels be replaced by Community Area Partnerships (CAP). Lanreath would be on the outer edge of the large Liskeard, Looe and Cornwall Gateway CAP – stretching to Saltash. After discussion it was agreed that a motion be submitted to the Community Link Officer expressing the Council's concerns.

The draft Budget was considered and approved: the precept will remain unchanged

at £13,900 next year. The Clerk presented details of expenditure since the last meeting, and bank balances. Authority was given for upcoming payments and an inter-account transfer.

Under Parish problems the Chairman reported to the meeting that he had requested that Cty Cllr Martin investigate the options for formal dedication of the footpath to Grylls Park from the Village Hall. He will report to a future meeting. There being no other business, the date for the next meeting was set for 17 January 2023, and the meeting closed.

Extraordinary Meeting 15 December 2022

This meeting was called to discuss planning application **PA22/10506 conversion of existing disused building into a dwelling house**, which after discussion, the meeting agreed not to object to. There were however matters that should be noted, and the Clerk was tasked with submitting consultees comments online via the Cornwall Council planning portal, giving full details.

Please see www.lanreathparishcouncil.co.uk for full minutes and meeting agendas.



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Town Trust Report

from Dave Guy, Chairman

As many of you will have seen, the Trust has commenced the previously mentioned maintenance works. We would like to apologise for any inconvenience these essential works are causing and we are doing our utmost to complete the works as soon as possible. I will describe below what is actually happening and why. Unfortunately we did not have enough confirmed information prior to the publication of the last edition of the Parish News to give an update at that time.

The Winkle Picker

The entire building has a serious damp problem from the roof to the ground floor. Due to the sale of the business in the shop, the lease of the shop and accommodation will be separated. For this to take place the ceiling between the shop and accommodation has to be sound and fire proofed to comply with regulations. The ceiling itself has to be replaced, possibly including the beams, so the Trust is taking the opportunity to address the damp problem at the same time. This means gutting the entire property, including digging up the shop floor, to enable the damp proofing to be installed. There are also remedial works required to the roof, which may result in the replacement of the entire roof. This cannot take place until after May at the earliest due to the requirement for a bat survey to be completed.

The current plan is therefore as follows:

First week of January: shop and flat are vacated and the Quay car park closed to vehicles but maintaining pedestrian access to the post box, end of the Quay and toilets;

Second week of January: work commences with the priority being to get the shop reopened as soon as possible but by 27 March at the latest

Once the bat survey has been completed, to continue with the works to the accommodation and roof with the minimum possible disruption during the summer season.

Due to the works in the shop the Post Office equipment has had to be removed. The Trust have offered the use of the Reading Room, free of charge, for a mobile Post Office whilst the Winkle Picker is closed. We now understand that the Post Office have terminated the previous contract with the tenant (not the intention of the tenant or the Trust) and will charge circa seven to eight thousand pounds for reinstatement in the Winkle Picker. This is primarily between the tenant and the Post Office however, in the interests of our village the Trust is looking at what can be done to ensure we have a Post Office in the future. There are various options, including but not limited to, a subsidised service in the Winkle Picker or a mobile service in a different location. We will be



discussing the best way forward with other interested parties once more is known. Please be assured that we will do everything we can to keep our Post Office in the village.

Vevery car park

The provision of free parking at Vevery is no longer financially sustainable as the Trust now has to pay business rates on the land as well as ongoing maintenance costs. We have therefore taken the difficult decision to introduce a charge for parking at Vevery. This will primarily be via a card only pay and display machine. We are also taking the opportunity to increase the capacity of the car park itself by shifting the fencing closer to the old reservoir and appropriately surfacing the exposed area.

Other works

- The Hearse House door has finally given up and will be replaced.
- Monitoring of the 'bulge' in the wharf wall overlooking front beach. Initial observations indicate there is no movement but this will continue to be monitored for the foreseeable future.
- Introduction of a card facility to the pay and display machine next to the office in St Saviours car park.
- Rewiring of the Reading Room including replacement of the heaters. Restoration and re-framing of some of the pictures in the Reading Room. It is also looking likely that the Reading Room roof will require significant works in the near future, possibly replacement of the entire roof.

All of the above comes at a cost to the Trust which is a self funding charity and does not receive any subsidies from government or similar bodies. We maintain a one hundred thousand pound reserve for any unforeseen and emergency works not covered by insurance, so the cost of any works carried out comes from our working capital. This working capital stood at approximately one hundred and fifty thousand pounds prior to the Winkle Picker work commencing.

We fully appreciate that we are in the grip of a cost of living crisis but like other charities we still need to generate income to enable our assets to be maintained for the benefit of the inhabitants of the village. If anyone would like to make a donation or bequest to assist with the upkeep of any of our assets this would be gratefully received.

The Trustees have also taken on board feedback from the community and made the decision to improve our communications. This will be done through increased use of our website, noticeboards and Facebook and will be managed by the Trustees themselves rather than through our Clerk. Please bear with us while we get this set up.

I would like to acknowledge Chris Mylward's contribution to the Trust following his resignation as a Trustee. As Chris would have been completing his 3 year term at the forthcoming AGM on 17 April we have decided to wait until the AGM to replace him. Anyone who feels they can bring the appropriate skills and experience to the running of the Trust and are willing to give their time, should contact the Trust for a nomination form. Further details of the role and responsibilities of a charity trustee are available on the Charity Commission website.

Useful numbers		
	Emergency - not life threatening	111
	Fowey River Practice	01726 829272
	Boots Chemist, Fowey	01726 833332
	Polruan Village Store	01726 870477
	Winkle Picker Post Office and shop	01726 870134
	Crumpets bakery	07890 602813
	Jam First Coffee shop	07875 293364
	The Russell Inn	01726 870707
	The Luger Inn	01726 870567
	Travel Cornwall Bus service	
	Polruan Community Bus	01726 870707
	Citizen's Advice, St Austell	0344 411 1444
	Lanteglos by Fowey Parish Council	01726 884024
	John Adams, Chair of Parish Councillor	
	Edwina Hannaford, County Councillor	01503 264160 07717203725
	Trelawny Benefice Administrator	07399 563440
	The Foodbank, Liskeard and Looe	
	The Trussell Trust	07512 011452
Anyone needing any assistance can message Polruan Isolation page - this will be seen by the administrator who will maintain discretion.		

	www.cornwall.gov.uk/reportit Use this link to view a full list of things you can report online
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	www.cornwall.gov.uk/misshedcollection Report a missed waste collection
	www.cornwall.gov.uk/reportdog Report dog fouling
	www.cornwall.gov.uk/reportvehicle Report abandoned vehicle
	www.cornwall.gov.uk/reportgraffiti Report graffiti
	www.cornwall.gov.uk/flytipping Report flytipping
	www.cornwall.gov.uk/reportbreach Report breach of planning control
	www.cornwall.gov.uk/reportchange Report a change of circumstance

Saturday 11 February 2023 via Zoom

The work of the Commonwealth War Graves Commission

A Presentation by Tony Smith

The Commission cares for graves across the world, from single graves in local churchyards to large memorials. They provide education and research help to ensure the legacy of the fallen lives on.



Tony Smith is a volunteer speaker for CWGC and a qualified battlefield guide.

Saturday 11 March 2023 at Fowey Town Hall

A pictorial history of the Devon and Cornwall coastal barges

A Talk by Stuart Hunkin

Local barges were once an essential lifeline for coastal and river-based communities. The Hunkin family of Polruan owned and ran some of the last working sailing barges in this area.



Stuart's talk is based on diaries and photographs from his family archive.

'Physical' talks commence at 2pm unless otherwise stated

Physical talks (including tea and coffee):
Members £5 Non-members £8

'Zoom' events commence at 7pm

Zoom Talks (per screen)

Members £3 Non-members £6

FHHS Membership £15
(£25 for 2 adults at same address)

Bookings can be made at Ticket Tailor

www.buytickets.at/foweyharbourheritagesociety

Secretary: Kath Pearce

kathpearce@gmail.com

www.foweyharbourheritage.org.uk



**** 2023 Fowey Harbour Tide Calendars ****

Available from the Harbour Office

£6.00

Full of fantastic pictures of the Fowey Estuary and Fowey tide times

A great Christmas present idea!

We can post for £7.50 (to UK addresses) contact the Harbour Office 01726 832471 or reception@foweyharbour.co.uk



1. Gaffe
2. Angle
3. Furthest
4. Tails
5. Eager
6. Alms
7. Lurcher
8. Resemblance
9. Taint
10. Thug
11. Banish
12. Claret
13. Slackers
14. Nurture
15. Alter
16. Inter
17. Cava
18. Crusade
19. Election
20. Debar
21. Usurp

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The du Maurier Festival Society presents

FOWEY FESTIVAL

OF ARTS AND LITERATURE

12 – 20 May 2023

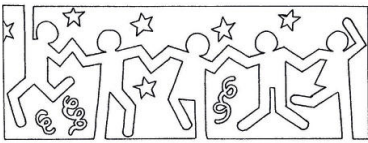
Friend of Fowey Festival

The launch of the Fowey Festival 25th anniversary programme will be in mid-March 2023. If you would like to receive some advance notice, benefit from access to early booking and receive discounts on event tickets, then now is the time to become a Friend of the Fowey Festival. There are three levels of membership: Gold Life: £250, annual Silver: £50 and annual Bronze, just £25. For full details go to our website www.foweyfestival.com/friends. Not only will you receive the membership benefits, but you will also be helping to support the Festival, for which we are extremely grateful.



Celebrations!

2023 Fowey Festival Awards for Young Writers and Artists



Celebrations! Design by Helen Williams

The aim of the Awards for Young Writers and Artists is to encourage young people to engage in visual arts and creative writing, to celebrate their creativity and originality.

The competition is open to all children living in Cornwall and the Isles of Scilly aged 4 to 16 on 31 August 2023. Thanks to generous sponsorship, entry is free and prizes are awarded.

The theme for 2023 is Celebrations!

The challenge is to produce an original picture, poem, a short story or piece of factual writing. Responses can focus on any aspect of the theme Celebrations! Writing or artwork could celebrate a special event, a special person, a special achievement or a special aspect of the natural world. We want the theme to work for you, and therefore for you to have scope to draw or write about a real or imaginary celebration.

Key dates are:

- Competition launch
Monday, 9 January 2023
- Closing date of competition
Wednesday, 15 March 2023
- Announcement of results
Monday, 17 April 2023
- Celebration event
Saturday, 29 April tbc

Full entry details are available on www.foweyfestival.com.

Fowey Secret Gardens

Friday 19th and Saturday 20th May 2023

Calling garden owners of Fowey, Polruan and Bodinnick!

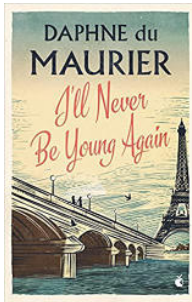
Secret Gardens are hoping to return once more to the Fowey Festival of Arts and Literature, welcoming visitors over 2 days from Friday, 19 to Saturday, 20 May 2023.

Is your garden a secret gem that you would be happy to share for just 2 days with members of the public? Would you be willing to open your garden on 19 and 20 May 2023 in aid of the Fowey Festival?

If your garden is in Fowey, Polruan or Bodinnick we would love to hear from you! Being part of Secret Gardens is a lot of fun. You will meet lots of interesting and friendly people from all walks of life. Sharing a beloved garden with others is a very special experience for not only the visitor but for the garden owner too. Please contact Celia, celia@allbut.eu or call 07887 703757 to find out more. We can talk you through what is involved and provide all the advice you need. We look forward to hearing from you.

Fowey Festival of Arts and Literature Short Story Competition

I'll Never Be Young Again



Our adult short story competition, with the title, I'll Never Be Young Again taken from Daphne Du Maurier's writing, is open. Entries are limited to 1,500 words with a first prize of £250 and a second prize of £100. The closing date for postal entries is the 5 February and electronic entries 5 March 2023. There is an entry fee of £10. Full details and an entry form is available on the Festival website, foweyfestival.com.

The winner and runner up will be invited to attend a prize giving ceremony at the 2023 Festival, with the guest judge, and author, Raynor Winn, presenting the prizes.

You can keep in touch with us as follows:

- www.foweyfestival.com
- Email: info@foweyfestival.com
- Twitter: [fowey_festival](https://twitter.com/fowey_festival)
- Facebook: [@FoweyFestival](https://www.facebook.com/FoweyFestival)

Lanteglos Parish Council Important Notice

As local residents know, there is an ongoing problem caused by Seagulls tearing open plastic rubbish bags, strewn the unsanitary contents around and making a general mess of our village.

The Parish Council requests that home owners and holiday visitors ensure that any rubbish for collection be put out

early Monday morning and not before!

It is strongly recommended that householders put bin bags in a dustbin or gull-proof sack

Owners of holiday lets are asked to provide their tenants with dustbins

Please do not feed the gulls

Subscriptions

Keep in touch with the village by having the Parish News sent to friends and relations and yourselves when away.

We only charge for the postage so please contact us to have the Parish News sent by post on publication for a year.

To Graham Tyson, The Old Barn, Polscoe, Lostwithiel, PL22 0HS

Please send me the next 6 issues of the Parish News by post on publication.

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Higher Windmill Allotments

from Brian Cook

Gardeners always complain about the weather, but this winter has been a corker! We started with a warm wet spell then had very cold weather and recently have had more rain and now have cold with hail. This hasn't been what we are looking for!

At this time of the year we have to clear the last of the previous seasons produce and put a big effort into preparing for the new season. While we have been able to make brief visits to the allotments to pick some of the remaining veg from last year, we have not had the weather to allow us to do much preparation for the new year.

Looking around the allotments we can see that there are still parsnips to dig up and quite a few plots have leeks. The lucky ones have remaining brassicas including purple sprouting broccoli — always a luxury after Christmas!

Prior to the winter the more enterprising among us have started a few new season vegetables — early broad beans and onion sets. These will continue growing through winter weather and provide earlier produce than those planted in the spring.

We need to prepare the ground as soon as the weather allows. In the meantime we have spread manure on our rhubarb and strawberry beds and pruned our fruit bushes. We are always optimistic about a new season and are looking at seed catalogues and choosing seeds based on our last year's results.

There are a few allotments available if you fancy joining the society and growing your own vegetables, fruit and flowers. If you are interested speak to Des Libby our chairman. He will be happy to show you around.

WHITECROSS & DISTRICT GARDENING CLUB

On Thursday, 16 February we welcome back **Liam Shoemith**, one of the contributors to **Radio Cornwall's Garden Line**. Liam will speak of Plants of use to man.

On Thursday, 16 March **Alasdair Moore**, the manager of the **Estate and Gardens at Heligan**, will speak of Preserving the past to protect the Future.

Both meetings are held in **Whitecross Village Hall at 7.30pm** (doors open at 7pm). Tea, coffee and biscuits are available and everyone is very welcome.

Contact Sue on 01208 871513 for further details.

Worried about the rising cost of your food bill?



For £12 a year you could rent a quarter plot allotment and grow your own!

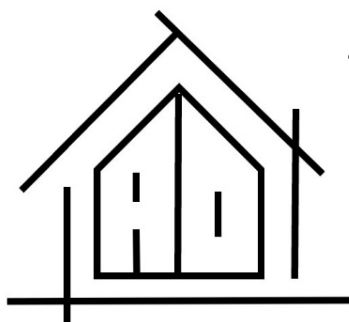
Suggestions for beginners are potatoes, onions, beans, courgettes, salad crops, strawberries and raspberries.

You'll receive a warm welcome on the allotment field where there's always someone around to ask for advice.

Contact:

Des Libby on 07854 197016 or deslibby@hotmail.co.uk

Chris Bailey on 07766 218940 or chris.h.bailey@me.com



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Anne Allan

from Kathryn Hill

*She has achieved success who has lived well,
laughed often and loved much;*

*Who has gained the respect of intelligent men
and the respect of little children;*

*Who has filled her niche and accomplished her
task;*

Who has left the world better than she found it;

*Who has looked for the best in others and given
the best she had;*

*Whose life was an inspiration; Whose memory
is a benediction.*

This was written by Angela Thomas (who was a friend of Anne's) and Mary Eddy and read at the thanksgiving service for Lady Mary Holborow. On the back of Anne's copy of this she wrote:

"would I be worthy of this being read at my funeral?"

Yes Anne, you definitely are – so we did!

I feel privileged to have been a friend to Anne and I know I am not alone in that. During the years Anne lived in Polruan she was a very active and involved member of both the church and the wider village community and contributed an enormous amount of time and energy to everything she was involved in. She served on the Parochial Church council, only retiring from that late last year. She did a stint as Churchwarden, was a keen and effective Worship Leader in which role she was always worth listening to – I still think that Anne's Harvest Homily some years ago was the best Harvest Talk I have ever heard! When mobility issues prevented her continuing as a Worship Leader she still regularly read the lesson at St Saviour and took her turn both at leading and speaking at Woman's Hour. She was still a valued and active member of the Polruan Committee for Woman's World Day of Prayer – we will really miss her input into this year's service!

Anne really enjoyed interacting with children and was involved with Kidz Klub and Open the Book for many years and was part of the



cross-parish and ecumenical team which ran Experience days for Polruan and Pelynt Schools until Covid stopped us doing them. She still loved being involved in Messy Church and enjoyed the crafts as much as any of the children!

When we organised the St Saviour 125 Festival, Anne was my right hand woman on the committee and organised the Art Group, of which she was a member, to produce local drawings which we turned into note-lets to sell for church funds.

Anne loved playing bridge and one of her last outings was the Bridge Club Christmas lunch. She was a faithful supporter of fund-raising activities and a very generous source of raffle prizes. Despite increasing pain and mobility issues, Anne still had a zest for life and loved being involved.

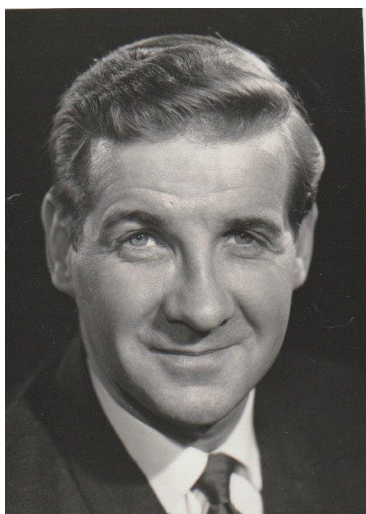
We will miss her greatly but it is good to know that she is now with the Lord, free of pain and re-united with her beloved George. Anne, I will miss your encouragement and enthusiasm and I am glad to know that we will meet again one day in heaven!

Ian Anderson

(1929-2023)

Ian Anderson, formerly of 11 Meadow Close, died peacefully in his sleep on 5 January, a day after his 94th birthday. At his request, there will be no funeral but his friends and neighbours will raise a toast to him at 6pm on Tuesday, 14 March at 13 Meadow Close. Please call Alison on 07753 817992 if you would like to join us.

Ian was born in Lewisham on 4 January 1929, the younger brother of Dorothy, his only sibling. He trained as an actor at RADA and appeared in many popular TV series including Crossroads, Emergency Ward 10, Dr Finlay's Casebook and Poldark. He was also a regular stand-in for The Goons and happily recalled many of his hilarious encounters with Michael Bentine, Spike Milligan and Harry Secombe. Ian married American artist and singer Susan Crawford (nee van Bassen Jongbloet) on 28 November 1966 and they made a wonderfully vibrant and sociable couple, living in London and California before travelling around Europe in various camper vans and boats. They moved to Polruan in the early '70s, originally to West Street, then Florizel, and finally to Meadow Close. Having previously illustrated actress Nanette



Newman's children's book, Archie, Susie went on to collaborate with Ian on their own fantasy novel The Wand. Ian cared for Susie in her later years until her death in October 2015 and then survived her by eight years. He was a kind and gentle soul who was very uncomplaining and who loved to laugh. His clever wit and word-perfect renditions of Shakespeare will be greatly missed.

Havens

by the late Mavis Cocks

"Any old port in a storm" we say.
But to seamen there's no truer words.
When battered by ferocious gales
For haven they say, "Thank the Lord".

To burrows little creatures hastily run.
Birds swiftly fly to their nest
Cattle huddle in the lea of a hedge.
At such times nature knows best.

Sudden storms often hit our lives
Havens we hopefully find.
Sanctuaries where we can thankfully rest
Wearied bodies and anxious minds,
Havens.

First published in the Parish News October 2006

© Mavis Cocks



A Short Poem

from Chris Cox

*I thought these words may give
people a sense of peace.*

When you're lonely
I wish you love
When you're sad
I wish you joy
When you're discouraged
I wish you hope
When your spirit is low
I wish you beauty
When you're troubled
I wish you peace.

Anon

First appeared here April 2021



Lifeboats

from Eric Lockeyear

A new year begins and not too long to wait before the new season, whether on the water, the beaches, or the cliff paths. The old year closed on a fairly mild note for most, with the wonderful news that during the last two months of 2022, there was not a single occasion when someone in peril or requiring assistance resulted in a 'shout' to the Fowey station.

Apart from these last two months, the Fowey RNLI Station experienced a busy 2022. The crew responded to 41 'shouts' to launch the lifeboats, giving aid to 63 people and saving at least one life.

They responded to calls to tow stranded, drifting and sinking boats, rescue dinghies blown offshore and evacuate stranded swimmers and walkers. Medical emergencies involving very serious injuries included a heart attack and an acid injury. As the emergency services struggled to cope, on more than one occasion crew volunteered to drive casualties to hospital rather than face long waiting times for ambulances.

A quiet time recently doesn't mean, of course, that the volunteer station crew stand idle. Training exercises are held at least weekly, focusing on teamwork, technical competence and safe operating procedures, whether of the All-weather Maurice and Joyce Hardy or the D-Class inshore rigid inflatable (RIB), Olive Three. In 2022, a total of 138 training exercises were carried out afloat and a further four ashore. And a welcome result too: at the final crew meeting of 2022, the RNLI South West Area Manager complimented the station on an exceptional level of training, stating that the Fowey crew should be extremely proud of their commitment.

As a reflection of what it is like to go through the training and qualification programme, newly-qualified helm of the inshore lifeboat, James Dowrick said: "I've always enjoyed being on the sea through my life-long hobby of sailing. From a young age, whilst out sailing in St Austell

Bay, I would always be in awe of watching the 'big orange boat' and always think to myself that I would like to do that one day. Little did I know that I would go on to be one of the station's inshore lifeboat helms. You also get to experience some pretty cool stuff, like exercising with the Coastguard Rescue Helicopter and going on training courses at the lifeboat college in Poole. The opportunities are endless, and you really do get out what you put in."

Asked how he feels when the pager goes off James said: "There's always a huge rush of adrenalin, this is probably the result of the unknown, because you never quite know what sort of shout it's going to be until you get to the station."

For our part, if you get into trouble yourself or see someone else in difficulties, simply dial 999 and ask for the Coastguard.

Now is the time to be looking ahead to the new season and for those going afloat, this means safety equipment and, especially life jackets. Last year a team from Ocean Safety carried out safety checks on 169 life jackets



James helming Courtesy Chris Mason

at the Fowey Station. Over half needed replacement of a critical safety part, meaning that had they been used in an emergency, they may not have worked and could potentially have caused loss of life. Eleven life jackets were condemned outright as being unfit for use; a further 51 needed new capsules and 26 required replacement cylinders. This year's



Proud new lifeboat helm James Dowrick

clinic will be held at the lifeboat station on April 1st, so watch out for details closer to the time.

The RNLI is the charity that saves lives at sea.

Polruan Coastguard from Des Libby, Station Officer



Following my article in the last edition of the Parish Magazine regarding the sinking of the cutter Islander in Lantivet Bay back in August 1930, a couple of bits of interesting information have come forward. Apparently, when the bodies were recovered, they were taken to an old barn at Frogmore and laid out for identification, a gruesome task for somebody! Also, the compass from the Islander was recovered and is now in the hands of another local seafarer here in the village. If anyone has any more snippets of information or paper cuttings from the time, I would be glad to hear from you.

As we move into the New Year, training continues and by the time you read this, several members of the team will have undertaken re-qualification in WSAR (water safety and rescue). This involves entering the



water, thankfully in a dry suit, and carrying out different rescue techniques attached to a floating line or wading with other rescuers. Shore side or bank side safety procedures are practiced along with throw lining, runner rescue and lanyarding. All great fun on a cold wet windy January morning.

From the Station Record

4 April 2022, 15.30: Team tasked to support St Austell CRT with casualty on the footpath East of Polkerris. Team created HLS (helicopter landing system) and assisted in carry out to near by ambulance.

13 December 2022, 12.20: Team tasked to support Looe CRT with casualty evacuation from fishing boat along side, HLS on Looe main beach.

Interested in becoming a Coastguard? Speak to Des or any of the team who would be happy to advise.

Remember if you see anybody in difficulty along the coastline dial 999 and ask for the Coastguard

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or call us on **0300 300 0062** and quote 'Parish News'.



Lifeboats



Polruan NCI

from Brian Cook

As always at this time of the year we have a quiet time at the lookout. There are few shipping movements and we see relatively few walkers on the coast path. We still maintain a keen lookout and monitor radio channels for distress calls. We are running two watches totalling eight hours a day. In early summer this will be increased so that we have three daily watches.

The refurbishment of the station is largely complete and includes the new radar that we host for the Harbour. As always, our weather station is on line recording live Polruan weather. It can be found at Polruan QAVS - National Coastwatch Institution.

The Polruan station is one of 58 lookouts around the coast manned by National Coastwatch volunteers. We are the eyes and ears along the coast supporting the Coastguard and RNLI in providing a visual and listening watch to safeguard mariners and coastal walkers.

We are currently recruiting and, if you would like to join the team, contact our manager, Ray Rigg, on 07956 286270 or call into the lookout and have a word with the duty watch keeper. Entrants do not need a maritime background as full training is provided.

This year so far NCI has been involved in 710 incidents.



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